



THE
CHEMIST
INN

SUNDAY MENU

Roasts

A Sunday must! All lovingly served with roasted Pembrokeshire potatoes, Yorkshire pudding, seasonal vegetables & homemade gravy. Yum!

Roast Topside of Welsh Beef	16.00
Slow Roast Pork Shoulder	15.00
Chicken Wrapped in Bacon	15.00
Lentil & Almond Wellington (v)	14.50

Starters & Sharers

Garlic Bread / Cheesy Garlic Bread	4.50 / 5.50
Bread / Olives / Oils (ve)	6.50
Gouda and Bacon Doughnuts/Sweet Chili Sauce	7.50
Blanch Bait / Tartare sauce	7.50
Duck Gyozas / Hoisin Sauce	8.00

Main Meals

Cajun Chicken	16.00
<i>Cajun Chicken breast / seasoned chips / dressed salad / coleslaw</i>	
Beer Battered Cod & Chips	16.50
<i>HARBWR beer battered cod / seasoned chips / peas / tartare sauce</i>	
Breaded Wholetail Scampi	15.50
<i>Finest wholetail scampi / seasoned chips / peas / tartare sauce</i>	
Steak & HARBWR Ale Pie	15.50
<i>Slow cooked Welsh beef / puff pastry / seasoned chips / peas</i>	
Chilli Con Carne	15.50
<i>Slow cooked beef chilli / rice / dressed salad / tortilla chips (gf)</i>	
Three Bean Smokey Chilli	14.50
<i>Vegan chilli / rice / dressed salad / tortilla chips (ve) (gf)</i>	

Children's Menu

Children's Roast / Beef, Pork or Chicken & Bacon	8.00
Chicken Nuggets / Chips	6.50
Pasta Bolognese / Garlic bread	7.00
Mac & Cheese / Garlic bread	7.00
Add Peas or Beans	0.50

Specials

See the specials menu for today's choices or simply ask a member of the team

Sandwiches

Available 12 - 5pm

Served on Sub roll bread with salad & coleslaw

Served on soft white roll bread with salad & coleslaw

Ham or Cheese / or Both	7.50
Tuna Mayo & Cucumber	8.50
Pulled BBQ Chicken / Chipotle Mayo	8.50
Prawns / Marie Rose sauce	9.50

Salads

Ham Ploughman's (gfa)	13.00
Cheese Ploughman's (v) (gfa)	13.00
Ham and cheese Ploughman's (gfa)	14.00
Greek Salad (v)	14.00
Prawn Salad, (gfa)	15.00

Sides

Chips	4.00
Cheesy Chips	5.00
Garlic Bread	4.50
Cheesy Garlic Bread	5.50
Coleslaw	3.00

Desserts

Chocolate Fudge Cake	6.50
Sticky Toffee Pudding	6.50
Frozen Raspberry Pavlova	7.00
Chocolate Brownie	7.00
2 Scoop Pembrokeshire Ice Cream	3.00

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR DIETRY REQUIREMENTS BEFORE ORDERING YOUR MEAL.
(GF) – GLUTEN FREE FRIENDLY – (GFA) – GLUTEN FREE FRIENDLY OPTION AVAILABLE – (V) – VEGETARIAN FRIENDLY – (VE) – VEGAN FRIENDLY
ALTHOUGH WE STRIVE TO KEEP OUR FRIERS SEPARATE FOR (GF) WE CANNOT GUARANTEE 100% TRACE FREE OF GLUTEN ON ITEMS COOKED IN OUR FRIERS.
WE USE RAPESEED OIL IN OUR FRIERS.